

5 DAYS LHASA & YAMDROK LAKE – Roof of the World

Fixed Group Departure: 23 – 27 Dec, 2017 (Christmas Holiday)



Tour Price:

Twin Sharing: fr. **RMB 13,515/-** per person
Single Supplement: **RMB 1,800/-** per person

Travel Date: 23 – 27 Dec, 2017

Registration Closing Date:

23 Nov, 2017 or when tour is fully subscribed

Deposit Amount:

RMB 7,000/- per person

Early Bird Promotion:

RMB 300/- per adult and **RMB200/-** per child
discount if book with deposit by **23 Oct, 17**

Pre-Departure Meeting: 5 Dec, 2017

Highlights:

- Winter in Tibet to see winter nomads in their colorful glory
- Luxury stay at the St Regis Resort Lhasa
- Fewer tourists
- Oxygen bag in vehicle
- Small group size of maximum 16 persons

Itinerary Summary & Map



For decades, Tibet has captured the imagination of avid adventure travelers. Indeed, the stunning mix of spectacular landscape and outstanding Tibetan culture make it one of the world's most interesting places to visit.

This trip takes you through the heart of Tibet, Lhasa. We visit the famous Potala Palace & Jokhang Temple, the former summer residence of Dalai Lama, Norbulingka Palace, catch the interesting sessions of monk debating at Sera Monastery and explore the bazaar of Barkhor.

A day excursion takes us out of Lhasa, we journey through the superlative landscape of the roof of the world - cross 5000m passes, see high latitude lake and drive across endless barren plateau.

While Tibet itself certainly fascinates every visitor, this itinerary takes care of the fine details to allow you to appreciate its unique heritage, religion, life-style and arts.



Detailed Itinerary

DAY 01

23 DEC (SAT)

Shanghai / Lhasa



Depart from Shanghai airport for your flight to Tibet

Fly	Shanghai-Pudong /Chengdu	CA1947	0745/1120 (3h35m)
	Chengdu/Lhasa	CA4112	1300/1500 (2h)

Upon arrival in Lhasa, be met & transfer to your hotel.

At 3500m, it is advisable to take the rest of the day easily for better acclimatization.

Overnight: St Regis Lhasa

Meals: Buffet dinner at hotel

DAY 02

24 DEC (SUN)

Lhasa



Start exploration of Lhasa with a bang! Visit the **Potala Palace** – listed as an UNESCO world heritage site. It dominates the city of Lhasa and is perhaps the most famous landmark of Tibet. Please note that Potala Palace restricts the visiting time to one hour inside the palace/museum.

In the afternoon, you will visit **Jokhang Monastery** – the “central cathedral” – perhaps the most important monastery in Tibet. Also, visit a nunnery. You will have free time for exploring **Barkhor** – the bustling market in the heart of old Lhasa with its narrow streets.

Overnight: St Regis Lhasa

Meals: Breakfast, lunch and dinner

DAY 03

25 DEC (MON)

Lhasa



This morning, we visit **Norbulingka**- a palace and surrounding park in Lhasa. It served as the traditional summer residence of the successive Dalai Lamas from the 1780s up until the 14th Dalai Lama's exile in 1959. Part of the "Historic Ensemble of the Potala Palace", Norbulingka is recognized as a UNESCO World Heritage Site, and was added as an extension of this Historic Ensemble.

Then visit a **local Tibetan family** and learn their traditional tranquil lifestyle

In the late afternoon, visit the **Sera Monastery**, which is one of the best-preserved monasteries in Tibet. Within its whitewashed walls and golden roofs, several hundred monks live and study. Catch the interesting sessions of **monk debating**.

Overnight: St Regis Lhasa

Meals: Breakfast and lunch

DAY 04
26 DEC (TUE)

Lhasa / Yamdrok Lake / Lhasa



Today, you get to experience the outstanding Tibetan landscape. Leaving Lhasa, we drive over 2 spectacular high passes including **Kampa La** at 4750m and **Karo La** at 5050m. Stop at the beautiful turquoise **lake of Yamdrok** and enjoy lunch at local restaurant with the snow-capped ranges of the Himalayas as the backdrop. Return back to Lhasa in the afternoon.

Overnight: St Regis Lhasa

Meals: Breakfast, packed lunch and Farewell Dinner

DAY 05
27 DEC (WED)

Lhasa / Shanghai

Spend this morning at leisure till your transfer to the airport for flight back home.

Fly	Lhasa/Chendu	CA4402	1100/1250 (1h50m)
	Chengdu/Shanghai-Hongqiao	CA4501	1625/1905 (2h40m)

Meals: Breakfast at hotel

***** END OF YOUR TIBET JOURNEY *****

PRICES PER PERSON:

- These prices are based on min. 6 adults traveling together on twin or double sharing basis.

Hotel Selected	Per Adult	Per Child (2-12 years old) with extra bed	Single supplement
For group of 6-9 people: St Regis Lhasa (Deluxe Room)	RMB 14,090/-	RMB 10,715/-	RMB 1,800/-
For group of 10-16 people St Regis Lhasa (Deluxe Room)	RMB 13,515/-	RMB 9,960/-	RMB 1,800/-

Remark

1. Flight schedule is subject to change when make actual booking
2. Early Bird reward: **RMB 300/- per adult** and **RMB 200/- per child** discount if book with deposit **by 23 Oct, 2017**
3. Reservation closing date: **23 Nov, 2017 or when tour is fully subscribed**
4. Deposit: RMB 7,000/- per person

COST INCLUDES

- Airfare: Shanghai/ Lhasa / Shanghai on economy class;
- 4 nights' accommodation on twin or double sharing basis;
- All tours and transfers by private car with an English speaking tour guide;
- Meals as stated & daily bottled water;
- Tibetan permit;
- Entrance fees as stated in the itinerary;
- Oxygen bag in vehicle
- Travel insurance

COST EXCLUDES

- Beverages in the restaurants where meals are included;
- Gratuities to guide & driver;
- Personal and other expenses not stated in the itinerary.

HOTEL DESCRIPTIONS



St Regis Resort Lhasa

Located in the eastern part of Lhasa, The St. Regis Lhasa Resort is this unique city's most coveted address—conveniently located in the famed Barkhor area. The sweeping landscapes surrounding this exclusive resort provide a timeless, inviting setting for contemplation as well as exploration.

<http://www.starwoodhotels.com/stregis/property/overview/index.html?propertyID=3129>

***To sign up for the trip, please contact us at:
Country Holidays Travel***

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