## Tour de Thousand Islets lake



With 90% of the area covered in forests, Thousand Islets Lake (Qiandao Lake) is the largest forest park in China. It is a beautiful lake formed in 1959 as a result of the construction of a hydroelectric power station. With 1078 islands, the lake is an ideal place for enjoying natural scenery, observing wild animals and learning about the local culture.

We will escape city life with a two-day biking trip around the lake. A good exercise for both our body and soul.

## Day 1

We will first take a 45-minute morning high-speed train from Shanghai to Hangzhou and then a 2.5-hour bus ride to Qiandao Lake.

After choosing our bikes, we will start the 55km ride along the lake. Our lunch will be at a lakeside restaurant. We will taste some wonderful local dishes and get all the energy we may need for the four-hour ride in the afternoon.

There are a few ups and downs which is both challenging and fun. It is a real treat to bike on the well-paved road with beautiful countryside views along the lake and among the hills. The bus will be with us the whole time. Those who feel like having a rest can always hop onto the bus.

We will arrive at the ancient village Qinchuan before it gets dark and spend the night in a beautiful boutique guesthouse which combines traditional Chinese and western designs. We will have a very pleasant stay in this quiet and picturesque village.

Dinner will be a feast with all the tasty local specialties and cold beer. After the wonderful meal, we may sleep like babies.

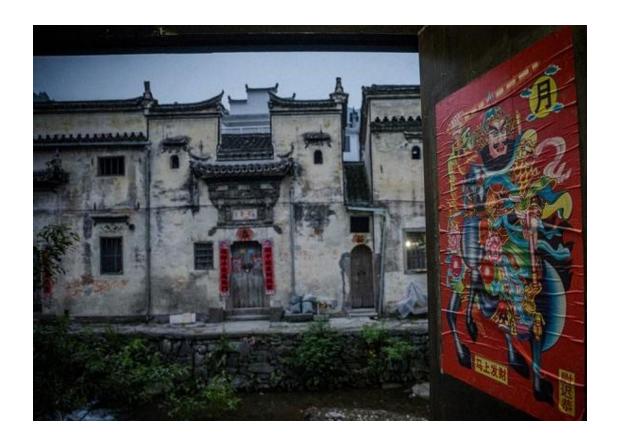
## Day 2

After breakfast, we will spend one hour wandering around Qinchuan to get a better understanding of the local life. The ancient houses, the river with crystal clear water and ducks, the friendly villagers will bring much joy to us.

Then we will take the bus and drive to a village that is happily located by a reservoir. We will have a short but beautiful hike before lunch.

In the afternoon, we will bike another 25km - 30km to finish our Tour de Lake. It is similar to the ride on the first day. A little hilly with rewarding views along the way.

We will finally take the bus to Hangzhou for the train back to our sweet home in Shanghai.



Date: April 13 - April 14

Time: 7:30am Registration, 8am Saturday to 7pm Sunday

**Registration Closing Date:** March 31

Meet: Starbucks at Hongqiao Railway Station on the departure floor

**Train:** G85 Hongqiao – Hangzhou 08:00 – 08:45 G7312 Hangzhou – Hongqiao 18: 00 – 19: 00

**Hotel:** Qinchuan Seclusive Genealand

**Cost:** RMB 1980/person

Deposit Amount: RMB 500/person

**Single Supplement:** RMB 350/person

**Includes:** transportation, accommodation, mountain bike and helmet rental, English-speaking bike guide and technician, all meals with beer and drinks except dinner on Sunday, water, snacks and fruits

**Cycling Distance:** 80km

Minimum Number: 15 Maximum Number: 25